Advisory Statement on Hearing Health

Hearing health is essential to your lifelong success as a musician. Although generally preventable, your hearing can be permanently damaged by loud sounds, including music, if proper precautions are not taken. Controlling volume levels in practice and rehearsal, avoiding noisy environments, turning down the volume, and using earplugs all help to reduce your risk of hearing loss. The MU School of Music encourages you to learn more about this important issue, and to consult a medical professional if you are concerned about your personal hearing health.

This information derives from statements by the National Association of Schools of Music (NASM) and the Performing Arts Medicine Association (PAMA). For more information, check out the NASM-PAMA hearing health documents, located on the NASM website at https://nasm.arts-accredit.org/publications/brochures-advisories/nasm-pama-hearing-health/

In addition, NASM-PAMA offers similar documents and resources for Neuromusculoskeletal and Vocal Health at this website: https://nasm.arts-accredit.org/publications/brochures-advisories/nasm-pama-nms-vocal-health/.

Statement for Voice Studios:

Jepson:
Due to the personalized nature of voice lessons, it is important to keep an open communication between instructor and student. If there are any questions concerning the nature and benefit of an exercise or vocal technique, please let me know as soon as possible. The learning process is hindered if a student is uncomfortable in any way. Students will need to discuss their willingness to ‘try new things’ and expand their individual learning model.

Also, due to the personalized nature of the singing mechanism (which is an internal instrument, compared to any other instrument that can be studied), there may be times when physical contact is requested by the instructor to check on posture, alignment, breathing, neck and jaw tension, etc. I will also be observing key centers of the body to check for proper posture, alignment, and breathing. I will always ask for permission before any contact. If you do not feel comfortable with contact, accommodations will be made.

Statement for Food & Financial Support:

Sims:
The College of Arts & Science community is committed to support students who encounter hunger and financial challenges. Any student who cannot afford groceries or access sufficient food to eat every day, or who lacks a safe and stable place to live, is urged to contact Nicole Logue, 2500 MU Student Center loguejn@missouri.edu; Dr. Nicole Monnier, Associate Dean for Undergraduate Studies, 731 Lowry Hall, monniern@missouri.edu; or your instructor for a list of resources and support. In addition, an emergency fund is available for students in financial crisis.

Resources include:

- The MU Tiger Pantry https://tigerpantry.missouri.edu/ (a free resource with a food pantry and personal care items, located at 1400 S Rock Quarry Rd #8)
- The Truman Exchange https://msa.missouri.edu/auxiliaries/trumans-closet/ (Links to an external site.) (a free resource where you can borrow professional interview clothing)
- The College of Education ‘Mizzou Ed Exchange’ which is located on the main floor of the Reflector in Townsend Hall (a free food and toiletries pantry, always available)
FROM PROVOST & Additions

All recommended statements from the Provost can be found [check annually for updated versions]:
https://provost.missouri.edu/faculty/syllabus-information/

Sample Statement for ADA/Disabilities
Provost:
If you anticipate barriers related to the format or requirements of this course, if you have emergency medical
information to share with me, or if you need to make arrangements in case the building must be evacuated,
please let me know as soon as possible.

If disability related accommodations are necessary (for example, a note taker, extended time on exams,
captioning), please establish an accommodation plan with the MU Disability Center, S5 Memorial Union,
573-882-4696, and then notify me of your eligibility for reasonable accommodations. For other MU resources
for persons with disabilities, click on “Disability Resources” on the MU homepage.

Jepson:
[in addition to Provost statement above:]
Specific information regarding how to implement accommodations is located at the Disability Services website
at <http://disabilityservices.missouri.edu/faculty/additional-resources.php>. There, you will find helpful
guidance on a variety of accommodations, such as how to help students arrange for a note taker in your class,
schedule an accommodated exam, or how you can work with a sign language interpreter or captionist. For
questions about ADA classroom accommodations, please contact the Office of Disability Services at 882-4696.

Sample Statement for Mental Health
Provost:
The University of Missouri is committed to supporting student well-being through an integrated network of
care, with a wide range of services to help students succeed. The MU Counseling Center offers professional
mental health care, and can help you find the best approach to treatment based on your needs. Call to make an
appointment at 573-882-6601. Any student in crisis may call or go to the MU Counseling Center between 8:00
– 5:00 M-F. After hours phone support is available at 573-882-6601.

Visit our website at https://wellbeing.missouri.edu to take an online mental health screening, find out about
workshops and resources that can help you thrive, or learn how to support a friend. Download Sanvello, a phone
app that teaches skills and strategies to help you maintain good mental health. Log in with your Mizzou e-mail
to unlock all the tools available through Sanvello at no cost to you.

Peter Lea adds:
Life as a student is inherently stressful and a broad range of situations may be impacted because of your studies
such as strain on relationships, increased anxiety, addiction, or lack of motivation. You may choose to do this
through a health-care professional you already consult or you may contact the Counseling Center at the
University of Missouri (https://counseling.missouri.edu/) or the Student Health Center (https://
studenthealth.missouri.edu/) for other options.

Sample Statement for Academic Dishonesty
Provost:
Academic integrity is fundamental to the activities and principles of a university. All members of the academic
community must be confident that each person’s work has been responsibly and honorably acquired, developed,
and presented. Any effort to gain an advantage not given to all students is dishonest whether or not the effort is successful. The academic community regards breaches of the academic integrity rules as extremely serious matters. Sanctions for such a breach may include academic sanctions from the instructor, including failing the course for any violation, to disciplinary sanctions ranging from probation to expulsion. When in doubt about plagiarism, paraphrasing, quoting, collaboration, or any other form of cheating, consult the course instructor.

Peter Lea adds to above:
In particular, for music theory homework you should work alone and only consult with a tutor or the professor—the work you show on an assignment should be your own!

Sample Statement for Intellectual Pluralism
Provost:
The University community welcomes intellectual diversity and respects student rights. Students who have questions or concerns regarding the atmosphere in this class (including respect for diverse opinions) may contact the departmental chair or divisional director; the Director of the Office of Students Rights and Responsibilities (http://osrr.missouri.edu/); or the MU Equity Office (http://equity.missouri.edu/), or by email at equity@missouri.edu.

All students will have the opportunity to submit an anonymous evaluation of the instructor(s) at the end of the course.

Sample Statement for Academic Inquiry, Course Discussion and Privacy
Provost:

Faculty allowing recording:
University of Missouri System Executive Order No. 38 lays out principles regarding the sanctity of classroom discussions at the university. The policy is described fully in Section 200.015 of the Collected Rules and Regulations. In this class, students may make audio or video recordings of course activity unless specifically prohibited by the faculty member. However, the redistribution of audio or video recordings of statements or comments from the course to individuals who are not students in the course is prohibited without the express permission of the faculty member and of any students who are recorded. Students found to have violated this policy are subject to discipline in accordance with provisions of section 200.020 of the Collected Rules and Regulations of the University of Missouri pertaining to student conduct matters.

Faculty not allowing recording:
University of Missouri System Executive Order No. 38 lays out principles regarding the sanctity of classroom discussions at the university. The policy is described fully in section 200.015 of the Collected Rules and Regulations. In this class, students may not make audio or video recordings of course activity, except students permitted to record as an accommodation under section 240.040 of the Collected Rules. All other students who record and/or distribute audio or video recordings of class activity are subject to discipline in accordance with provisions of section 200.020 of the Collected Rules and Regulations of the University of Missouri pertaining to student conduct matters.

Those students who are permitted to record are not permitted to redistribute audio or video recordings of statements or comments from the course to individuals who are not students in the course without the express permission of the faculty member and of any students who are recorded. Students found to have violated this policy are subject to discipline in accordance with provisions of section 200.020 of the Collected Rules and Regulations of the University of Missouri pertaining to student conduct matters.

[From Title IX resources:]
Civil Rights and Title IX
University of Missouri policies prohibit discrimination on the basis of race, color, national origin, ancestry, religion, sex, gender, gender identity, gender expression, sexual orientation, pregnancy, age, genetic information, disability and protected veteran status. Discrimination includes any form of unequal treatment such as denial of opportunities, harassment, and violence. Sex-based violence includes rape, sexual assault, unwanted touching, stalking, dating/interpersonal violence, and sexual exploitation.

If you experience discrimination, you are encouraged (but not required) to report the incident to the MU Office for Civil Rights & Title IX. Learn more about your rights and options at civilrights.missouri.edu or call 573-882-3880. You also may make an anonymous report online.

Students may also contact the Relationship & Sexual Violence Prevention (RSVP) Center, a confidential resource, for advocacy and other support related to rape or power-based personal violence at rsvp@missouri.edu or 573-882-6638, or go to rsvp.missouri.edu.

Both the Office for Civil Rights & Title IX and the RSVP Center can provide assistance to students who need help with academics, housing, or other issues.

**Required Referral:** Mizzou employees are required to refer all incidents of sex discrimination to the Office for Civil Rights & Title IX. The Office connects students with resources and helps them decide whether they wish to file a complaint of discrimination. To learn more, contact title9@missouri.edu or 573-882-3880, or go to civilrights.missouri.edu.

Lara:
You can speak confidentially with the following people on campus and in the community. They can connect you with support services and help explore your options now, or in the future.

- MU Relationship and Sexual Violence Prevention Center: rsvp.missouri.edu – 573-882-6638
- MU Counseling Center: counseling.missouri.edu – 573-882-6601
- MU Behavioral Health: studenthealth.missouri.edu/services/mental.html – 573-882-1483
- True North (24/7 crisis center and shelter): truenorthofcolumbia.org – 800-548-2480

**STUDENT-RELATED:**
Student Health at Mizzou - http://studenthealth.missouri.edu/.
Wellness Resource Center - http://wellness.missouri.edu/.
School of Music website - http://music.missouri.edu/
National Center for Voice and Speech website – http://www.ncvs.org

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