EXERCISEZZ

#1: 16 on a Hand
SKILL: One Hand. One Height. Single Strokes
VISUAL: Block 8 / Track
LAYERS: #2, #3, #7, #8, #9

\( \text{\texttt{q}} = 116 \)

A AROUNDS #1, #2 or #3

B

C
# Tenors

**SKILL:** Two Hand. One Height. Double Strokes.  
**VISUAL:** Block 8 / Track  
**LAYERS:** #1  
**SPLITS:** A/B, B/A

1 \( \frac{\text{4}}{\text{16}} \) = 124  
1X SINGLE DRUM / 2X AROUND

\[ \text{[Musical notation]} \]

**#3:** Roll Prep  

**Tenors**
Tenors

#4: Triplet Diddle

SKILL: Two Hand. One Height. Double Strokes.

VISUAL: Block 8 / Track

LAYERS: #5, #6

1 \( \frac{\text{=}}{148} \)

1X SINGLE DRUM / 2X AROUND

A

B

C

D

E

F

G

H

I

J

K

L

M

N

O

P

Q

R

S

T

U

V

W

X

Y

Z
Tenors

#5: Stick Control
SKILL: Two Hand. One Height. Double Strokes.
VISUAL: Block 8 / Track
LAYERS: #4, #6

1 \( \text{\textbf{A}} \)
\( \text{\textbf{B}} \)

1 148

1X SINGLE DRUM / 2X AROUND

5

10

8

15

18
Tenors

#6: Legato Flams
SKILL: Two Hand. One Height. Multiple Strokes.
VISUAL: Block 8 / Track
LAYERS: #4, #5

\[ \text{\textbf{Tenors}} \]

\[ \text{\textbf{Tenors}} \]

\[ \text{\textbf{Tenors}} \]

\[ \text{\textbf{Tenors}} \]

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\[ \text{\textbf{Tenors}} \]

\[ \text{\textbf{Tenors}} \]
Tenors

#7: Accent to Tap
SKILL: One Hand, Two Height. Single Strokes
VISUAL: Block 8 / Track
LAYERS: #1, #2, #8
SPLITS: A/B, B/A

$ \frac{1}{\text{124}}$

*FIRST TIME DRUM #2

A

B

R
#8: Paradiddlezz
SKILL: Two Hand Tenor Height. Double Strokes
VISUAL: Block 8 / Track
LAYERS: #1, #2, #7
SPLITS: A/B, B/A

\[ \frac{1}{\text{measure}} = 124 \]

*FIRST TIME DRUM #2

\[ \text{Measure 6} \]

\[ \text{Measure 8} \]

\[ \text{Measure 15} \]

\[ \text{Measure 18} \]
Marching Tenor Drums

RL R L R L R L R L R L R L R R

RL R L R L R L lets get Dane Jerus

RL R L R L R L R L B